

Sixth Form Options Afternoon

 The Sheffield
Private School

27th January 2025



Welcome & Agenda

-
- ❑ Transition into Sixth Form and Sixth Form Curriculum– Ms. Amira Awaleh
 - ❑ Duke of Edinburgh– Mr. Scott Graham
 - ❑ Student Support Services, Career Guidance and Future Pathways – Ms. Aadhya Kesavan
 - ❑ Q & A session

Sixth Form Curriculum

1. What is Sixth Form?
2. Choosing a subject
3. Personalised Enrichment Programme
4. TSPS Sixth Form
5. Sixth Form Experience
6. Overcoming challenges
7. Sixth Form curriculum



Ms Amira Awaleh
Head of Key Stage 5



Some key questions to think about:

- Why apply to TSPS Sixth Form?
- Which subjects to apply for?
- What are the entry requirements?
- What is the admission procedure?





What is Sixth Form & its Entry Requirements?



The Sixth Form at TSPS

POST 16 (SIXTH FORM)

AS LEVEL

YEAR 12

A2 LEVEL

YEAR 13



- The Post-16 education is the study of A-Levels, which are used as a form of **preparation for admission into university.**
- Students generally study **three or four subjects** to A-Level relevant to their chosen degree subject.
- AS Level results range from **A – E** and are awarded by external examination bodies.
- AS Level exams are taken at **the end of Year 12**, while A2 level exams are taken at **the end of Year 13.**





Admission Entry Requirement

- Take a minimum of **FOUR** subjects at **AS/BTEC Level**.
- Achieve a minimum of **five 9 to 6** grades at **IGCSE** and minimum of a **6** in **four** subjects selected to study for **AS Level**.
- It is mandatory to get a **6** for Maths and English in IGCSE.



Admission Entry Requirement

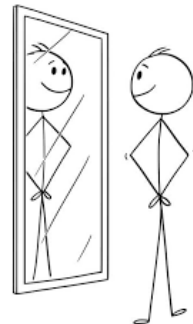
- Attendance
- Good record of behaviour and conduct.
- Participation in school activities.
- Any subjects undertaken at AS Level/BTEC will require you to complete the course to the end of the academic year.
- All students must follow the uniform code, which will be outlined when a place is offered.



What subject should I choose ?

Choosing a subject

- Where do you want to be in 5 years time? 10 years?
- What sort of a person do you want to be?
- What are your interests now? Your beliefs?
- What are your strengths?
- Who are you influenced by?





AS Level Qualifications

- TSPS offers a wide range of AS Level qualifications, accredited by Cambridge Assessment International Exams (CAIE) the Edexcel and AQA examination boards.
- TSPS Sixth Form now offers a range of BTEC qualifications from the UK Pearson Exam Board. These are coursework based routes to gaining Y12/13 level qualifications in many subjects.



Some tips for making good choices

When considering option choices students should try to balance the following factors –

- Interest and Enjoyment
- Ability and progress
- Sensible combination

<u>A Level Subjects Required for Degree Courses.</u>		
Subject	Essential Qualifications	Useful/Desirable Qualifications
Architecture	Art/One Science	Art; Mathematics, Physics
Business Studies	None/Mathematics [some courses]	Business Studies, Economics, Mathematics
Computing	Mathematics	Computer Science ; Physics; Applied IT
Dentistry	Chemistry; Biology; Physics	Mathematics
Engineering (General)	Mathematics; Physics; Chemistry*	Further Mathematics; Applied IT , Computer Science
Environmental Science	Biology, Chemistry, Mathematics, Physics	Science subject, Mathematics, Environmental Studies
Economics	Economics and Mathematics;	Further Mathematics; Applied IT , Computer Science, Business , Accounting
Pharmacy	Chemistry and Biology, Mathematics or Physics	Biology; Mathematics; Physics
Psychology	Biology, Chemistry, Psychology	Biology; Mathematics; Psychology; Sociology.
Veterinary Science	Chemistry, Biology and either Mathematics or Physics	Further Mathematics

Subject Survey/ Blocks

Percentage of students completed the survey – 96%
(70/73)

Block 1	Block 2	Block 3	Block 4	Block 5
Physics	Chemistry	Biology	Maths Statistics	Maths Mechanics
Accounting*	Business Studies	Computer Science	Information Technology	Psychology
Media	English Language	History	Sociology	Economics
Politics*	BTEC IT	BTEC Business	BTEC Sports	Art & Design*

*Incase the number of students opting for a course falls short of the number decided by the school, that course will not be offered.

Subject Survey/ Blocks

Subjects	Number	Subjects	Number	Subjects	Number
Accounting	7	English Language	11	Physics	43
Art & Design	8	English Literature	4	Psychology	13
Biology	40	History	8	Politics	11
Business	26	Information Technology	5	Sociology	7
Chemistry	40	Maths	51	BTEC Applied Science	2
Computer Science	11	Media	11	BTEC Business	6
Economics	15			BTEC Sports	18
				BTEC ICT	6


Subjects like English Literature and BTEC Applied Science are removed from the options block because the no: of students selected is below 5.

BTEC Qualifications

Qualification Name	Duration	Units	Equivalent to
Level 3 BTEC International Certificate	1 Year	3 Units	1 AS Level
Level 3 BTEC International Subsidiary Diploma	2 Years	6 Units	1 A Level

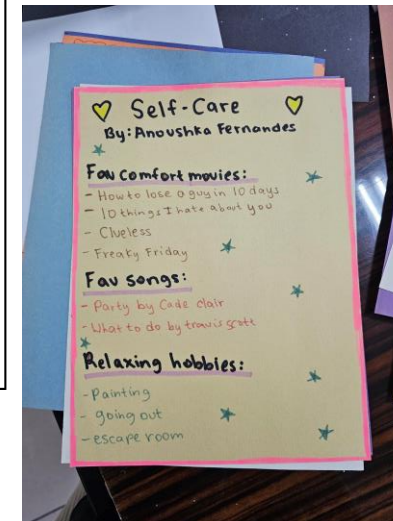
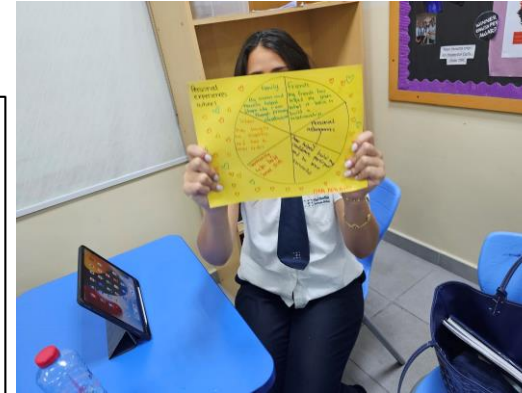


Compulsory subjects

- Islamic studies or PSHE (for non-Muslims)
 - All Arabic students must take Arabic.
 - SEL– Once a week
 - Personalised Enrichment Programme
- 

SEL

Social emotional learning (SEL) helps students to better comprehend their emotions, to feel those emotions fully, and demonstrate empathy for others. These learned behaviours are then used to help students make positive, responsible decisions; create frameworks to achieve their goals, work through challenges, and build positive relationships with others.





Linear and Modular Qualification




Linear – Media & Art (board exam will be in year 13, AS exams will not carry over)

Modular – All other qualifications



Examination Boards

Edexcel	Mathematics, Biology, Chemistry, Physics, Psychology, Economics, Business Studies, History, Politics, English Language, Art & Design.
AQA	Media Studies, Computer Science.
CAIE	Information Technology, & Sociology



Useful Website to research on Career choices

- ❑ UK university Application System – www.ucas.com
- ❑ British Qualifications required to study in USA – [US-UK Fulbright Commission | Funding for US-UK exchange | EducationUSA advice for British students](#)
- ❑ Career Wales website (a comprehensive career site) – www.careerswales.com
- ❑ Higher Education Option in Europe – [Welcome to Study in Europe | Education and Training \(europa.eu\)](#)
- ❑ Choosing subjects – <https://www.myworldofwork.co.uk/my-career-options>
- ❑ Choosing subjects – <https://www.careerpilot.org.uk/information/your-choices-at-14>

Year 11 Transition Programme -

Stage 1 – Assembly on entry requirements to sixth form. (Jan 27)

Stage 2 – Option month (December 2024– January 2025), students will be exposed to a series of taster sessions on options and upcoming career fields so that they can embark on a career exploration journey and make important decision in choosing A level subjects.

Stage 3 – Subject preference survey (January 2025)

Stage 4 – Career aptitude test – Mandatory - free (February 2025)

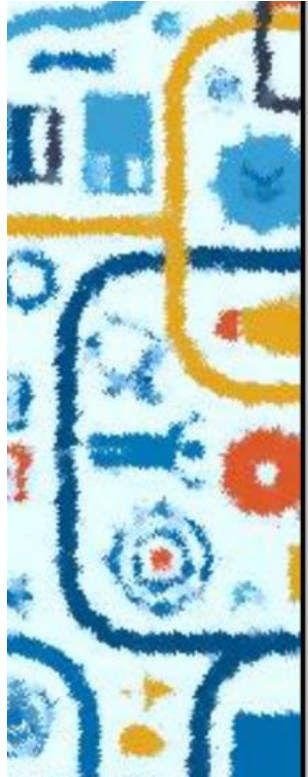
Stage 5– Sixth Form Orientation Day -Parents and Students (February 2025)

Stage 6 – Subject Option block release (March 2025)

Stage 7 – Individual one to one meeting for deciding the final subject option with Parents and students. (March 2025)

Stage 8 - Final confirmation of subject options email to all Year 11 students and Parents.
Transition Booklets Release (April 2025).

Transition booklets



Information Technology

@

AS/A LEVEL

Course code:

9626

Transition Pack



BTEC International Level 2 Award in Sport Handbook



Biology | Ms. Laura Moroney

Transition Booklet – International GCSE to International A Level



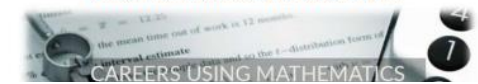
Welcome to A-Levels Mathematics

Transition booklet

International GCSE

to

International Advanced Level



The Sheffield Private School

Advanced Subsidiary and Advanced Level Business



Year 11 to 12 – Transition Booklet

Pearson Edexcel International Advanced Subsidiary in Business

TSPS Sixth Form



**Academic
Curriculum**



**Academic
Enrichment**



**Extra
Curricular**



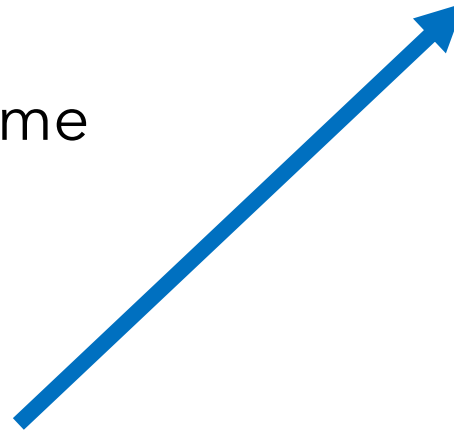
**Community
Service**



**Careers &
Life Skills**

Sixth Form Experience

- Sixth Form Contract
- Contact time
- Non-contact , independent study time
- Formative assessments
- Summative assessments
- Work experience to build portfolio
- Collecting necessary documents
- Applying in universities
- Final exams



- Taking part in competition
- Community services; food, clothes collection and donation
- Organizing events with subject teachers
- Leading events
- Peer mentoring programme
- Internal internships etc



Personalised Enrichment Programme



Academic & Extra-curricular Enrichment

- ❖ Form Time Activities
- ❖ ASA's
- ❖ PEP classes
- ❖ Student led Assemblies
- ❖ Theme Days
- ❖ Internal & External Competitions
- ❖ TEDx
- ❖ Model United Nations
- ❖ Subject Weeks
- ❖ Exhibitions
- ❖ Educational Field Trips
- ❖ Sporting Fixtures
- ❖ Fun Trips
- ❖ Wellbeing Activities
- ❖ Environmental Activities
- ❖ Duke of Edinburgh
- ❖ Student Portfolio

Enrichment – Improves personal statements

Enrichment activities and opportunities provided are devoted to individuals' self-development and enhancement of skill-set alongside those pertaining to academic studies.

These experiences enables students to include the skills gained in their personal statements for university or in applications for employment.

There is something for everyone and students are encouraged to get involved. Participation in these activities will build confidence and enable students to gain transferable skills both for higher education and employment.



ACADEMIC ENRICHMENT

Lessons



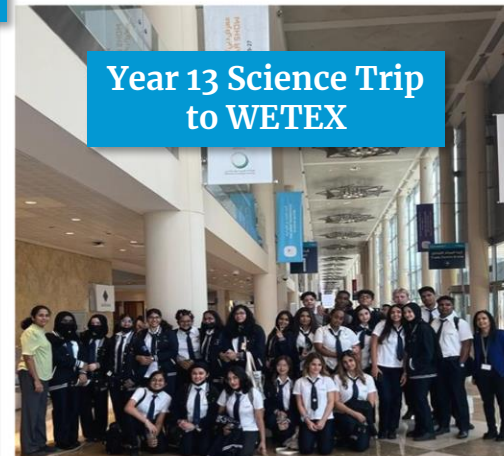
Interschool ByjuSTEM Competition



Emirates Academy of Hospitality Management



Year 13 Science Trip to WETEX



Educational Trip to Birmingham



Educational Trip to Wollongong



Business Cup Challenge



Do you want to know the hurdles that business face in the real world and find possible ways to overcome them?



Join the Business Cup challenge hosted by Curtin University!

You can review case studies in teams, analyse crucial business situations, pitch solutions for real life business issues and opportunities, and present case solutions to an academic and professional panel of judges.



Scan me!

This year the theme is sustainability and its importance to businesses around the world.

Scan the QR code now to join!



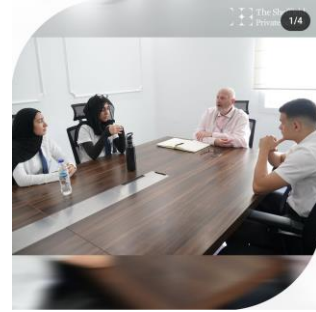
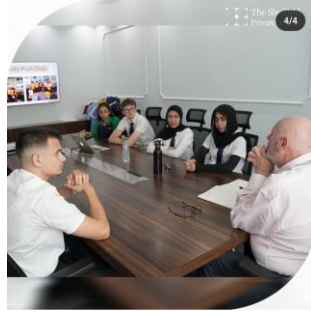
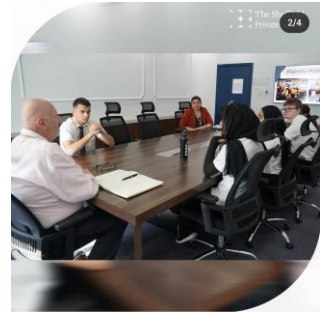
EXTRA CURRICULAR

Student Leadership

TED^x Youth@TSPSDubai
x = independently organized TED event



Duke of Edinburgh



ASA

Sports

the sheffield model united nations



COMPETITIONS



COMMUNITY SERVICE

TEAMWORK-
Wellbeing
Wednesday- World
Mental Health Day

The Sheffield Private School High Performance Learning

Dyslexia Awareness Day 2024

This year the theme is "What's your story?"
It's all about individuality and how people with dyslexia might share the same disability but have different experiences.


WE INVITE YOU!
ALL STAFF AND STUDENTS FOR A DAY DEDICATED TO RAISING AWARENESS BY WEARING RED.
ON 18TH OCT 2024

Poster Making Competition
FS1 TO YEAR 2
TOPIC: HELPING HANDS, HELPING HEARTS
YEAR 3 TO YEAR 11
Topic: "Every mind is unique"
PLEASE CLICK THE LINK OR SCAN QR CODE
[Link](#)

DYSLEXIA AWARENESS DAY:
DID YOU KNOW?
- Dyslexia affects 1 in 5 people.
- It doesn't impact intelligence but makes reading, writing, and spelling harder.
- People with dyslexia often have amazing strengths like creativity and problem-solving.

This event is a chance to share stories, raise awareness, and embrace the different ways we all learn. Everyone has a story to tell — what's yours?

LET'S CELEBRATE OUR DIFFERENCES AND STRENGTHS TOGETHER!



Pink Month

BREAST CANCER Awareness

Spread the word
We'll be holding various pink day activities from the 28th of October to the 29th of November. Between these dates, we'll be bringing in different speakers and holding other activities.

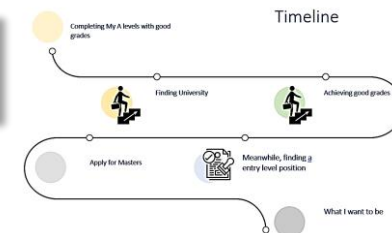
Friday (28th October)
Students can wear one pink accessory for Pink day and we'll be doing form time activities related to Pink Day.

Tuesday (29th November)
We'll be holding a pink day walk and you can wear pink clothes!



CAREERS & LIFE SKILLS

CAREER MAPPING



1-1 CAREER COUNSELLING SESSION



Diagnostic Tests – IELTS & SAT



CAREER FAIRS



Y13 – Mock Interviews



WORKSHOP -How To Write a Personal Statement for US and UK

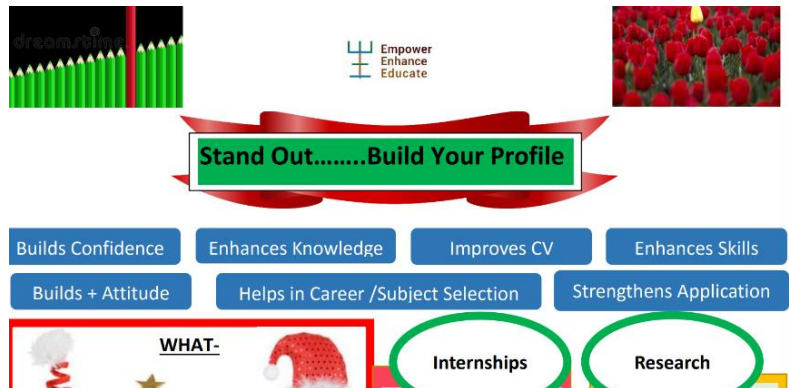


Careers Talk



UCAS
common app

Career Guidance



PEP – Career Fair Reflection

Student Name: Ayaan Ali Khan **Form Class:** 13A

Hosted by: Sheffield

1. Give a brief summary the points you liked about the career fair. The representatives of the universities that were in the career fair were kind and honest and enlightened a lot of us with useful information.
2. What do you think are the reasons why this was arranged for you? To enlighten us about the multiple career choices that we can go for and also informed us about our own career choice.
3. What are the main concepts/memorable/valuable information that you learned or benefited from this event.

The scholarship difference and the requirements of universities outside the country.

Activity



YOUR PERSONAL TRIGGER
What got you interested in the subject? Was it a book, a museum trip, a documentary, a film, a teacher, an inspirational mentor, a personal circumstance, a visit to a historical site, or perhaps work experience? Don't ever say 'I have always been interested in' INSERT SUBJECT. This is a cliché that admissions tutors are sick of reading, because it can't possibly be true! Nobody was born with a desire to be a doctor, lawyer or engineer. For example, an applicant might explain how their family holiday to the Somme gave them a genuine sense of the importance of history as a 'real life' phenomenon - something that exists beyond the pages of a textbook.

How does my subject relate to society or current affairs? Why is this particularly important to me?

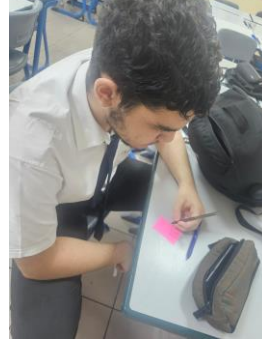
Which aspect am I really looking forward to studying in more detail? Why?

Is there a quote I like the sound of? Could I express this in my own words?

What are my career plans? How might academic study further these plans?

- Now you write down a intro
- Include what is your personal trigger to choose the career or course that you are planning for

Form Activities



100



100

100

100



100

EXAMINATION

	Term 1	Term 2	Term 3
Year 12/ 13	<ul style="list-style-type: none">• Baseline Assessment• Formative Assessment• Summative Assessment	<ul style="list-style-type: none">• Mock Exam• Formative Assessment	<ul style="list-style-type: none">• Board Exams

- Exams in Jan and May/ June
- Exam entry form will be issued in October/ January
- Exam fee payment mentioned on entry form.

ASSESSMENT

Reporting:

- **Autumn Term Reports:** These reports include term grades, subject and form tutor comments.
- **Autumn Term Grades:** Comprising 20% formative assessments and 80% summative assessments, these grades are a significant part of the reporting process.
- **Spring Term Reports:** Similar to autumn term reports, these also include term grades, subject comments and form tutor comments.
- **Spring Term Grades:** Comprising 20% formative assessments and 80% summative assessments, these grades are a significant part of the reporting process.

AS and A LEVEL GRADING SCALE

KS5 Grades Explained:							
AS/ A Level Grades	A* (Applicable for A Levels only)	A	B	C	D	E	U

BTEC Grades				
IAS Grading	Pass	Merit	Distinction	Distinction+
A* – C	C	B	B	A*



Awards

**Outstanding
Pearson
Learners Award
May/June 2024**



- RUHBAAN AHMAD KHAN -

- * Highest Mark in the World for Pearson International GCSE Mathematics A**
- * Highest Mark in the UAE for Pearson International GCSE Chemistry**



- PREET KALTAR DAS -

- * Highest Mark in the United Arab Emirates for Pearson Edexcel International Advanced Level Economics**



- LESATH SAMARAKONE -

- * Highest Mark in the United Arab Emirates for Pearson Edexcel International Advanced Level Economics**

PEARSON EDEXCEL HIGH ACHIEVERS AWARDS FOR A LEVEL INTERNATIONAL EXAMINATIONS (MAY/JUNE 2024)



**AYAAN
ALI KHAN**



**LESATH
SAMARAKONE**



**MATTHEW
ABD EL MALIK**



**PREET
KALTAR DAS**



**TIMOTHY
ABD EL MALIK**

**PEARSON EDEXCEL HIGH ACHIEVERS AWARDS
FOR AS LEVEL INTERNATIONAL EXAMINATIONS
(MAY/JUNE 2024)**



**ABDELRAHMAN
ALLAKANY**



**HASAN
ZAHOOR**

ACADEMIC EXCELLENCE



Congratulations



LESATH SAMARAKONE

Highest marks in UAE
AS level Politics
Pearson Edexcel
June 2023



Congratulations



PREET KALTAR DAS

Highest marks in the World
AS level Economics
Pearson Edexcel
June 2023



Congratulations



Hassan Zahoor
Highest mark in UAE and Gulf region
GCSE Computer Science
Oxford AQA
June 2023



Congratulations



NOUR EHAB

Highest marks in the World
AS level Mathematics
Pearson Edexcel
June 2023



Congratulations



IMAN NAZIR

Outstanding Learners Award
A Level Pearson Edexcel
June 2023



Congratulations



DHUHA NOOR

Outstanding Learners Award
IGCSE Pearson Edexcel
June 2023



Congratulations



NADA ABDALLA

Outstanding Learners Award
IGCSE Pearson Edexcel
June 2023

ACADEMIC EXCELLENCE



Congratulations to Preet Kaltar Das

**OUTSTANDING PEARSON
LEARNER AWARDS 2022
IGCSE BUSINESS STUDIES**



Lesath Samarakone



Preet Kaltar Das



Izyan Mohammed

**OUTSTANDING STUDENT
AWARDS FROM OXFORD AQA**



Congratulations to Aena Maryam Khan

**OUTSTANDING CAMBRIDGE
LEARNER AWARDS 2022
AS LEVEL SOCIOLOGY**



Preet Kaltar Das



Matthew Abd El Malik



Sandesh Kumar



Timothy Abd El Malik



Mark Nesseim



Adina DSouza

**PEARSON EDEXCEL
EXCELLENCE AWARDS2022
IGCSE**



Adil Billah



Maria Ghabour



Rafi UZ Zaman

**PEARSON EDEXCEL
EXCELLENCE AWARD 2022
A LEVEL**

Amazing Principal 2024



BEST SCHOOL 2023

Our school has been honoured with the prestigious title of "Best School 2023 - IGCSE, AS, and A Level" at the 4th International Middle East Education Awards 2023!



 The Sheffield Private School



 The Sheffield Private School



 The Sheffield Private School

BEST SCHOOLS 2023 - A LEVEL



 The Sheffield Private School

BEST SCHOOLS 2023 - A LEVEL

BEST SCHOOL 2024

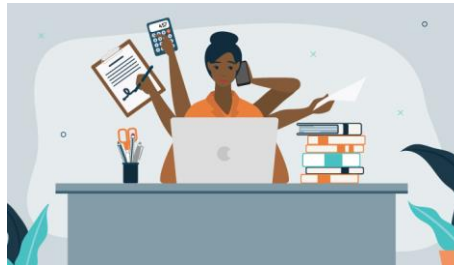


Our school has been honoured with the prestigious title of "Best School 2024 - IGCSE, AS, and A Level" at the 5th International Middle East Education Awards 2024!



Challenges in Sixth Form

- Building on IGCSE
- Greater independence
- More responsibility
- Building of portfolio
- Applying to universities



Overcoming these challenges

Study periods and time management

The workload increases dramatically from iGCSE to A level and students need to have a practical approach to their learning.

Making the best use of time, both in and out of school, is part of the Post 16 learning curve. A level courses require students to work substantially beyond lessons.

Good organisation is crucial, as is the ability to work independently, whilst seeking advice from teaching staff.

As a general guide, students should be studying 3-4 hours per day beyond their lessons, either in school or at home.





Student Portfolio

Personal details

Are you an independent learner ?

Attendance tracker

Reading log

Academic Review- after each term summative assessment

Enrichment and professional development log

End of Year Review

Student Portfolio

INTERESTS/HOBBIES:

Reading, cooking, baking

STRENGTHS:

- I'm excited to pick up new skills. I'm determined and ambitious. I get along well with people, therefore can work great in a team.

AREAS OF DEVELOPMENT:

- Develop my essay writing skills

Highlight the most appropriate score (1-4) on the following criteria and add up the total after completing the questionnaire. Use the scale provided to assess your independent learning skills.

	SCORE 1	SCORE 2	SCORE 3	SCORE 4
SELF-MOTIVATION	I always <u>need</u> teachers to motivate me to learn	I often need teachers to motivate me to Learn	I often <u>motivate myself to learn</u>	I always <u>motivate myself to learn</u>

	SCORE 1	SCORE 2	SCORE 3	SCORE 4
SEEKING SUPPORT	I rarely seek support if I need it	I sometimes <u>seek</u> support if I need it	I often <u>seek support if I need it</u>	I always <u>seek</u> support if I need it

	SCORE 1	SCORE 2	SCORE 3	SCORE 4
SELF-CONTROL	I <u>didn't</u> want to study any of my subjects but had no choice	I chose some of my courses but for some of the courses I had no choice	I chose most of my subjects and I feel <u>really positive</u> about them	I <u>chose all my</u> subjects and I feel <u>very positive</u> about them

	SCORE 1	SCORE 2	SCORE 3	SCORE 4
CONCENTRATION IN CLASS	I always need the threat of punishment to make me concentrate in class	I sometimes need the threat of punishment to make me concentrate in class	I often <u>concentrate</u> in class and do so because I am motivated to learn	I always <u>concentrate</u> in class and do so because I am <u>motivated to learn</u>

	SCORE 1	SCORE 2	SCORE 3	SCORE 4
ATTENDANCE & PUNCTUALITY	I always need the threat of punishment to motivate me to	I sometimes need the threat of punishment to motivate me to <u>turn</u>	I rarely <u>need</u> the threat of punishment to motivate me to <u>turn</u>	I <u>never need the</u> threat of punishment to <u>motivate me to turn</u>

Date	Details of Activities	Total Hours	Skills Earned	Performance Review
30.10.23	Volunteering for Science Exhibition Fair; assisting in set up/pictures taken	4.5	Learning photography, how exhibitions in	
31.10.23	Volunteering for Science Exhibition Fair; assisting in set up/pictures taken	6	Improving photography, taking videos	
01.11.23	Volunteering for Science Exhibition Fair; assisting in set up/pictures taken	2.25	Photography	
01.11.23	Volunteering for Ms Parker's Y5 class for swimming	1.5	Leadership, developing patience, learning how	

Date	Details of Activities	Total Hours	Skills Earned	Performance Review
Thursday 5th October	<u>Teachers</u> day - I had to initiate activities such as letter writing and a quiz to year 9 students		Communication skills, leadership	
27th October 2023	Dyslexia day - Helped raise awareness of dyslexia by presenting activities for year 5 students		Communication skills, leadership	
	PE volunteering- Helping teachers during PE lessons by setting out equipment, <u>warm ups ect</u> for year 2 students		Creativity	
Friday 27th October- Wednesday 1st November	Science fair - Helped design props for the <u>science</u> fair and helped taking pictures and putting back projects.		Teamwork	

Date	Book/ Article	Review/ Opinion
Sep 20th	Next Of Kin	It is a thriller and suspense filled book. The plot and storyline <u>is</u> amazing.

Mental Health Journal

Introduction

Welcome to your personal well-being journal! In the hustle and bustle of student life, it's easy to overlook the importance of mental health. This journal is your dedicated space to pause, reflect, and nurture your emotional well-being. It's a journey of self-discovery and self-care that you're embarking on, and we're here to support you every step of the way.

Life is a series of highs and lows, and your mental health is a crucial aspect of navigating these experiences. This journal is a tool for self-reflection, helping you gain insights into your emotions, patterns, and coping mechanisms. Remember, there's no judgment here – only an opportunity for growth, understanding, and healing.

As you embark on this journey, be gentle with yourself. Celebrate your victories, acknowledge your challenges, and embrace the process of self-discovery. Your mental health matters and taking the time for self-care is a valuable investment in your overall well-being.

January Reflection

Overall, Mood for the Month:

Your Score	Overall, Mood for the Month
1-2	The month has been particularly challenging, and my mood has been consistently low. It's important to acknowledge these feelings and consider seeking support.
3-4	The month had its ups and downs, with some challenging moments. Reflecting on these experiences can help identify areas for improvement.
5-6	A moderate month with a mix of positive and challenging experiences. Balancing self-care and addressing stressors can contribute to an improved mood.
7-8	Generally positive vibes this month! Acknowledge the wins and positive moments while staying aware of potential stressors.
9-10	Fantastic month! A high overall mood indicates a period of positivity and satisfaction. Keep up the good work and continue practicing self-care.

1 Achievements:

- 1.
- 2.
- 3.

2 Setbacks:

- 1.
- 2.
- 3.

3 Coping Strategies:

- 1.
- 2.

4 Goals for the Next Month:

- 1.
- 2.
- 3.

Self-Reflection Questions

1. Reflect on a recent challenge. How did it impact your mental well-being?
2. List three things that currently bring you joy:
 -
 -
3. Identify your main sources of stress. How do you currently cope with them?
4. How do you typically express your emotions? Are there healthier ways you could explore?
5. List three emotions you commonly experienced this Month. How do you handle each one:
 -
 -
6. Who are the people you feel comfortable confiding in about your mental health?
7. List potential barriers that might prevent you from seeking help. How can you overcome them?
8. What self-care activities do you currently engage in? How do they impact your well-being?
9. Identify one new self-care practice you would like to incorporate into your routine?
10. Reflect on your academic and personal goals. How can prioritizing mental health support these goals?
11. Consider one small step you can take to enhance your mental well-being next month?

Externally:

1. Mental Health Clinics and Professionals:

- **Camali Clinic:**
 - A well-known mental health clinic in Dubai offering a range of services, including counselling, therapy, and assessments.
 - Website: [Camali Clinic](#)
- **Lighthouse Arabia:**
 - Offers psychological and psychiatric services, as well as various workshops and support groups.
 - Website: [Lighthouse Arabia](#)
- **Priory Wellbeing Centre Dubai:**
 - Part of the well-known Priory Group, offering a variety of mental health services.
 - Website: [Priory Wellbeing Centre Dubai](#)

2. Online Mental Health Platforms:

- **BetterHelp:**
 - An online counselling platform connecting individuals with licensed therapists.
 - Website: [BetterHelp](#)
- **Talkspace:**
 - Offers online therapy with licensed professionals through messaging, video, and voice calls.
 - Website: [Talkspace](#)
- **7 Cups:**
 - Provides online emotional support and counselling through trained listeners and licensed therapists.
 - Website: [7 Cups](#)
- **MindBeacon:**
 - An online platform offering mental health support through therapist-guided programs.
 - Website: [MindBeacon](#)




Summary– Sixth Form Curriculum– Why TSPS

- Individualised Vocational Education
- Focused Independent Learning
- Skill Based Learning
- Community Outreach Programme
- Leadership Training
- Career Guidance Programme
- Work Experience
- Collaboration through Digital Platform
- Duke of Edinburgh Award



Our Aim –

To have a fully inclusive Sixth Form where **every** student is supported, given the **opportunity** to achieve their **full potential** and be the **best that they can be**.



Thank you for listening

We aim to provide our students with the opportunities and encouragement they need to reach their full potential.

We want to prepare them for life beyond school, ensuring that they leave us as well-rounded, confident and reflective individuals, well-prepared for the challenges ahead.



Duke of Edinburgh



Mr. Scott Graham
Duke of Edinburgh Co-Ordinator

Duke of Edinburgh



Student Support Services, Career Guidance and Future Pathways

1. Psychometric test
2. Career Mapping
3. Undergraduate courses
our students got accepted
4. Universities our students
got accepted




Dr. Aadhya Kesavan
Careers Counsellor



Is there a difference between:

Think back to when you were choosing your own school subjects. What was the key factor that influenced your decision? Was it your passion, parental guidance, job prospects, or something else?





What should we look into now when guiding them in subject selection?

Interest, Skills, Career opportunities



Psychometric test



A psychometric test is used to assess a candidate's cognitive ability and their personality. From a candidate's response psychometric testing can predict valuable insights such as job performance, competence, and motivations. There are two general types of psychometric tests: ability tests and personality tests.

Psychometric tests help students to get to know their strengths and weaknesses better. Through a set of simple questions or queries, psychometric tests try to understand an individual's capabilities. These questions are designed to interpret the student's physical and cognitive state and their conditioning.



Individual one to one meeting with parent and student

Year 11 Academic performance
CAT4 Score
Psychometric report
Teacher report

BridgeU

An online platform for students to explore subject options, plan career paths, and identify suitable universities worldwide.

Tools for academic preferences, university searches, and career insights

Let's do a demo

University Search Tips:

- *Use filters (location, course, cost) to narrow options.*
- *Review admission requirements and align them with current academic progress.*

BridgeU

Hi, Aadhya

Your next steps...

Unlock endless possibilities from around the world

Explore top global universities and find the perfect fit for your academic and career goals.

[Start researching universities](#)

How to Find the Right Uni for You

Find the Right Uni for You in 5 Simple Steps

Motivation at the ready? Kickstart your university research with a little help from BridgeU...

[Read article](#)

Home Prepare Discover Decide

Home / Universities

Where
Start typing a destination or university


What
Start typing a subject area

Selectivity
All selectivity

QS world ranking
All rankings

International annual fees (USD)
All fees

27012 results found



Western University, Ontario
London, Canada


★ BridgeU pick Partner Very selective USD \$33.1K - \$44

Courses and majors
[333 total courses](#)

Academic criteria
IBDP Min. 28
[Learn more](#)

Home / Self-assessments

Self-assessments




AchieveWorks® Personality

Discover your strengths and challenges

15 minutes to complete

[Retake](#) [Latest report](#)

1 test taken




AchieveWo & Productiv

Understand yc learning style.

20 minutes to c

[Start](#)




AchieveWorks® Intelligences

Explore your emotional intelligence and intellect.

20 minutes to complete

[Start](#)



AchieveWo

Build skills for workplace suc

20 minutes to c

[Start](#)

Career Mapping

Desired career



What qualifications are needed?
(Higher education/ undergraduate/ postgraduate courses)



What are the pre-requisites in order to achieve the above?



What will be the Post 16 requirements/ curriculum (Academic & Non-Academic)?

Deciding factors as per the current Higher Education requirements

Subjects in A level

Target grades

Extracurricular
requirements

Example - Career Mapping

Mechanical Engineer

**Undergraduate Programme
(Bachelors in Mechanical Engineering)**

Maxi- 4 A levels / Mini – 3 A levels/ COP/ Work Experience

Physics/ Maths (Mandatory) /Chemistry/ Biology/ Computer Science (desired subject)/ EA

Deciding Factors as per the current Higher Education requirements

Subjects in A level

Target grades

**Extracurricular
requirements**

Higher Education – Graduate destinations

2021-24

University Details

UK

University of Birmingham
UCLAN University
Chester University
Loughborough University
Lancaster University
University of Leeds
University of Liverpool
University of Gloucestershire
University of Central Lancashire
Durham University
Huddersfield University
University of Edinburgh

Canada

York University
Saskatchewan University
Simon Fraser University
University of Ottawa
Toronto University

UAE

American University of Sharjah
Sharjah University
Emirates Aviation University
Curtin University
Heriot Watt University
Gulf Medical University Ajman
Middlesex University of Dubai
De Montfort University
Dubai Medical College
Khalifa University
University of Sharjah
University of Wollongong
University of Birmingham of Dubai
Ajman University

Europe

University of Berlin
University of Munster
Charles University
University of Georgia
Sammelweis University
Jagiellonian University

Undergraduate courses our students got accepted

2022-24

UK

Mechanical Engineering
Business Management
B Sc Economics
Dental Surgery
Medicinal Chemistry
BSc Psychology
International Law
Neuroscience
Accounting
Landscape Architecture

Canada

Computer Engineering
Business Management
Mechanical Engineering
Health Science
Chemical and Physical Sciences
BSc Psychology
BA Psychology
Law and Society
Pure Physics

Europe

Mechanical Engineering
Veterinary Medicine
Automobile Engineering
Medicine
BSc Chemistry

UAE

Computer Engineering
Mechanical Engineering
Electrical Engineering
Medicine
International Law
BSc Psychology
BSc Economics
Aeronautical Engineering
Hospitality Management
Sound Engineering
International Business Management
Physiotherapy
Business and Management
Tourism Management
BBA Marketing
BBA Finance
Environmental Science
BSc Physics
Interior designing
Airport Operations

Be ready for a world of opportunities.

Understand the Differences:

One of the first steps in adapting to A-level studies is to grasp the fundamental differences between GCSE and A-level. A-levels are more advanced, demanding a higher level of critical thinking, independent study, and self-motivation. They delve deeper into subjects, offering greater specialization and requiring more comprehensive knowledge. A-levels typically have fewer subjects with greater depth, allowing students to explore their chosen areas of interest in detail.

Choose Your Subjects Wisely:

Selecting the right subjects at A-level is crucial. Consider your interests, future aspirations, and the requirements of your desired university course or career path. Research various subject combinations and seek advice from teachers, parents, or career counselors to make an informed decision. Remember, A-levels require dedication and enthusiasm, so choose subjects you genuinely enjoy and excel in.

Engage in Extra-Curricular Activities:

A-level studies should not be solely about academics. Engaging in extra-curricular activities helps develop a well-rounded personality, enhances your university applications, and provides a healthy balance to your academic life. Join clubs, societies, or sports teams, pursue hobbies, volunteer, or take on part-time work. These experiences foster personal growth, build valuable skills, and create a sense of community.

Stay Motivated and Resilient:

A-levels can be challenging at times, but maintaining a positive mindset, staying motivated, and being resilient are crucial to your success. Set achievable goals, celebrate small victories, and learn from setbacks. Surround yourself with a support network of friends and family who encourage and inspire you. Remember that hard work, perseverance, and a growth mindset are key to overcoming obstacles and achieving your goals.

Q & A